



University of Roehampton

DOCTORAL THESIS

An exploration of how veterans diagnosed with combat-related post-traumatic stress disorder experience therapy

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How do veterans diagnosed with combat-related post-traumatic stress disorder experience therapy?

Interview Schedule:

- 1) Could you give me a brief history of how you came to be at Combat Stress?
Prompts: joining Armed Forces / combat experience / realisation of problems / looking for help / finding Combat Stress
- 2) Could you describe what happens in therapy, in your own words?
Prompt: how do you define it?
- 3) What does therapy mean to you?
- 4) How do you feel in therapy?
Prompts: physically / mentally / emotionally
- 5) How does it affect your day- to-day life?
Prompts: work / interests / relationships
- 6) How would you describe yourself as a person?
- 7) How do you feel that having therapy has affected this?
Prompts: changes (positive & negative) / attributes / priorities
- 8) What about how other people see you?
Prompts: family / friends / comrades / colleagues