

A metabolic perspective of stochastic community assembly

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Abstract: Metabolism controls the pace of life driving major ecological patterns. We propose that the scaling of metabolism with temperature influences neutral processes of community assembly by controlling population dynamics independently of species identities. This perspective provides new insights into the prevalence of niche and neutral processes through universal energetic constraints.

21 **How metabolism controls community assembly processes**

22 Current synthesis in community ecology recognizes the contribution of both,
23 **niche** and **neutral processes** (see **Glossary**) in the assembly of ecological communities
24 [1]. The niche perspective has traditionally focused on taxonomic identity and trait
25 differences in shaping biotic interactions and environmental filtering. In contrast, the
26 random birth, death, and dispersal of organisms within trophic levels have been the key
27 factors in purely neutral perspective [2]. The current challenge in community ecology is
28 thus to determine the factors that explain the relative contribution of niche and neutral
29 processes during community assembly across environmental gradients [1]. Here, we
30 address this challenge by integrating concepts from the metabolic theory of ecology [3]
31 into the niche-neutral theories. We explain how considering the universal scaling of
32 **mass-specific metabolic rates** (hereafter **metabolic rates**) with temperature casts a
33 new light on how communities are organized in nature.

34 Metabolism encompasses the biological processing of material and energy by
35 organisms via biochemical reactions. Due to an increased rate of molecular kinetics,
36 metabolic rates increase predictably with temperature [3]. Consequently,
37 environmental temperature is the most important abiotic driver of metabolism that
38 propagates to all levels of biological organization [3]. The increased metabolism at
39 higher temperature governs many natural processes, including the number of
40 individuals within communities and the rates of biomass production in ecosystems [3].
41 Because temperature consistently changes along altitudinal, depth and latitudinal
42 gradients, this should generate environmental gradients of metabolic rates. Because
43 metabolism influences fundamental biological processes, we argue that it modulates the
44 importance of neutral processes during community assembly.

45 The Unified Neutral Theory of Biodiversity and Biogeography [2] assumes that
46 organisms within a trophic level can be considered as approximately equivalent in their
47 chances of birth, death and dispersal [2]. This implies that population densities within
48 trophic levels vary largely at random and similarly among species – i.e. negative
49 density-dependency is equal among and within species and thus populations drift in
50 time [2, 4]. Investigating the ecological equivalence of individuals and species is
51 therefore pivotal for understanding community assembly [4] and metabolism could
52 influence neutrality in the following ways.

53 First, greater metabolic rates at higher temperatures result in decreased
54 longevity of ectotherms [3]. These changes in longevity are linked to extrinsic and
55 intrinsic factors affecting population death rates [5]. Extrinsic factors are influenced by
56 species niches as the chances of death increase in unfavourable environmental
57 conditions. Intrinsic factors instead are driven by metabolic rates due to an increased
58 accumulation of damage from oxidative reactions, telomere shortening and deleterious
59 mutations [5]. We hypothesize a greater proportion of intrinsic to extrinsic deaths at
60 higher temperatures (Figure 1), which could therefore reduce competitive differences
61 among species and lead to a higher competitive equivalence. This would occur because
62 intrinsic deaths are controlled by damages acting stochastically among individuals and
63 consistently among species, possibly undermining their competitive differences.
64 Consequently, populations would be under relatively weaker control of niche-based
65 processes like competitive dominance (Figure 1). Higher death rates in organisms with
66 high metabolism have been found across a wide range of taxa indicating a strong control
67 of intrinsic factors [5]. However, extrinsic factors may also increase death rates as biotic
68 interactions change predictably with warming (i.e. organisms became more susceptible
69 to predation as their oxidative damages accumulate)[3, 6]. Whether increased rates of
70 total deaths are predominantly driven by intrinsic or extrinsic factors remains an area
71 of future research. In any case, increased death rates reduce population densities and
72 lead us to the second major link between individual metabolisms and neutral processes
73 of community assembly.

74 There is ample evidence that population densities decline with increasing
75 metabolic rates, especially in ectotherms [3]. This is due to the increased death rates
76 and can be explained by the greater individual energetic demands at higher
77 temperatures resulting in lower densities under a fixed supply of resources [3] and by
78 the faster biomass turnover due to shorter life cycles under these conditions [7]. At
79 lower densities, the relative importance of neutral processes is enhanced [8] (Figure 1),
80 because the influence of demographic stochasticity during community assembly is
81 inversely proportional to population density [8] (Figure 1). Species with large
82 competitive differences but with low densities can have equivalent chances of extinction
83 since the effect of demographic stochasticity could overcome those of niche processes
84 [8]. In communities with high densities the impacts of demographic stochasticity would
85 be relatively weak compared to the population variation caused by niche processes

86 (Figure 1). Such predictable variation in neutral processes due to population density has
87 been suggested theoretically [8] and demonstrated empirically [9]. Given the predicted
88 decrease in population densities under higher temperatures [3], this should entail
89 consistent variation in neutral processes across temperature gradients.

90

91 **Metabolism and the assembly of stream metacommunities**

92 Metabolism influences community assembly in several additional ways and the
93 importance of individual mechanisms may differ among ecosystems. We illustrate our
94 ideas using short-lived stream insects, as the lower densities with rising temperature
95 should be less important for long-lived organisms [3, 7]. Adult insects emerge into
96 terrestrial ecosystems and recolonize the streams via oviposition, completing the life
97 cycles in months to up to few years. In tropical communities, insect densities have been
98 found to be approximately five times lower than in high-latitude streams [9], likely due
99 to the accelerated metabolism and biomass turnover in the warmer tropics, making
100 communities strongly affected by demographic stochasticity [9]. In addition to the
101 general effects of increased mortality and lower densities, other mechanisms should
102 operate in these communities. For example, predation could enhance neutrality in prey
103 communities because an increased metabolic rate in predator fish generally leads to
104 more generalist and omnivorous feeding [10]. This occurs because faster metabolism
105 requires organisms to feed more often, less selectively and on high carbon content prey
106 [10], potentially leading to a higher stochasticity in size and identity of consumed prey,
107 reinforcing neutrality in prey communities.

108 The fast biomass turnover of aquatic insects entails frequent dispersal of adults
109 among streams; with more dispersal events for tropical insects given they have more
110 generations per year than temperate species [7]. Since tropical communities are more
111 neutrally assembled, dispersal and recolonization is less predictable as well [9]. At the
112 metacommunity level, neutral processes prevail due to the frequent colonization of
113 organisms with variable body sizes and taxonomic identities that could ultimately
114 influence neutrality at the metacommunity level [11].

115 In summary, differences in metabolism should lead to predictable variation in
116 the relative importance of neutral processes in stream communities. This variation can
117 also alter the way energy flows through ecosystems, explaining food web structures that

118 stems from energetic constraints, such as relationships between abundance and body
119 mass.

120

121 **Niche and neutral mass-abundance relationships**

122 **Size spectra** have long been used to investigate relationships between body
123 mass and abundance, and understand energy allocation and transfer in ecosystems.
124 These relationships depict the frequency distribution of individual body sizes and
125 allow comparisons of communities in different environmental settings, irrespective of
126 their taxonomic composition (Figure 2). Metabolic scaling theory predicts a negative
127 power-law relationship [3] as a function of two main parameters: the transfer
128 efficiency of energy across trophic levels and the relative size of predators and prey
129 (Figure 2). We propose that the fitted parameters of the size spectrum vary with
130 temperature and the relative influence of niche and neutral processes (Figure 2)
131 providing a way to test predictions across trophic levels. First, the variation in
132 abundance explained by body mass (i.e. R^2 value) should be smaller at higher
133 temperatures (and under neutral community assembly) due to enhanced importance
134 of demographic stochasticity and the frequent random dispersal of organisms, relaxing
135 energetic constraints [11] (Figure 2). Under these conditions, higher temporal and
136 spatial variation in size-spectra slopes would also be expected for communities in
137 warmer conditions (Figure 2). Finally, the intercept should be lower in warm regions
138 because of the lower population densities and community biomass [3, 7] (Figure 2).
139 Size spectra provide an excellent tool to test these and other hypotheses (Figure 2), as
140 they directly represent energy fluxes across trophic levels.

141

142 **Towards a metabolic niche theory**

143 Whereas the mechanisms described here suggest a weaker role of niche
144 processes in community assembly under higher temperatures, variation among systems
145 could occur. For example: i) a fast pace of life could increase interspecific differences if
146 population density is strongly constrained by carrying capacity and limiting resources
147 are scarcer at high temperatures (e.g. green food webs) [12]. In such conditions, a faster
148 metabolism could lead to greater importance of niche differences accelerating
149 deterministic competitive exclusions. ii) Predators with higher metabolism could also
150 specialise and selectively feed on more nutritious prey, as observed in lizards [13], in

151 contrast to increased generalism found for fish [10]. Our key point is not to imply a
152 singular direction of the metabolism-stochasticity relationship, but rather to emphasize
153 that the metabolic perspective provides a general biological framework to
154 understanding variation in niche and neutral community assembly.

155 Our ideas represent the first steps towards linking metabolic constraints with
156 neutral processes to understand community assembly within and across trophic levels.
157 Future empirical tests of this framework will be pivotal to test whether niche-neutral
158 theories and the metabolic theory of ecology can be viewed as two sides of the same
159 coin.

160

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167 **References**

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201 **Figure 1.** The influence of temperature and metabolism on the relative importance of
202 niche and neutral processes. A) Predictions based on the universal acceleration of
203 mass-specific metabolic rates with warming due to molecular kinetics. At the
204 individual-level, mortality rates increase whereas life span decrease with increasing
205 temperature. At the population level, density decreases whereas biomass turnover
206 increases with temperature. B) At high temperatures and fast metabolic rates,
207 population densities are low due to a faster pace of life and higher mortality rate. In
208 this scenario, the relative influence of demographic stochasticity increases (blue
209 dashed brackets), whereas those of niches differences (blue solid brackets) for
210 community assembly decreases (here represented as competition between two
211 species). Given the low population densities, species in warmer environments are more
212 prone to random extinctions (red circle).

213

214

215 **Figure 2.** The relative influence of niche and neutral processes on local community size
216 spectra. A) Tropical and temperate communities have distinct patterns of population
217 dynamics. In warm tropical communities, populations (individual lines) are more
218 strongly influenced by demographic stochasticity due to small population densities
219 (red colour) compared to large population densities in cool, temperate communities
220 (blue lines). A higher number of generations per year also enhances the number of
221 demographic events increasing the importance of stochastic population dynamics in
222 tropical communities. Due to energetic constraints, organisms tend to be, on average,
223 smaller in warmer tropical communities [3] (indicated by the thickness of lines), even
224 though the opposite relationship exist for some taxa. The relatively higher influence of
225 neutral processes entails greater variation in rank-abundance patterns in tropical
226 communities. This is illustrated by the bar plots where species have higher abundance
227 variation from T1 to T2 in tropical than in temperate communities. B) Hypothetical
228 local size spectra depicting the distribution of abundance among different size classes
229 in tropical and temperate communities. In tropical communities, the higher relative
230 importance of neutral processes results in greater variation of data around the
231 regression line, with size classes with higher and lower abundances than predicted
232 based on steady-state energetic conditions. Under these conditions, higher temporal
233 and spatial variation in size-spectra parameters are expected in tropical communities
234 (variation in size spectra from T1 to T2). Dashed and solid lines indicate size spectra in
235 T1 and T2, respectively.

236 **Glossary:**

237

238 **Mass-specific metabolic rate:** Demands of energy per unit of body mass per time in order to maintain
239 biological functions inherent to survival. The difference from absolute metabolic rate is important, given
240 that body size also tends to decrease with higher environmental temperatures [3], sustaining a trade-off
241 along temperature gradients. In other words, individuals demand more energy under higher
242 temperatures, but also tend to be smaller, demanding less energy per individual. Mass-specific metabolic
243 rate reflects the higher energetic expenditure per unit of body mass at higher temperatures and is
244 commonly measured (and considered in this study) as basal metabolic rate of a resting or inactive
245 organism. This basal metabolic rate is generally correlated with the mean daily metabolic rate of
246 organisms under active periods [6].

247

248 **Metabolic rate:** Individual demands of energy in time to maintain biological functions inherent to
249 survivorship. In heterotrophs metabolism is aerobic respiration, whereas photosynthesis is the main
250 contributor to the metabolic rates in autotrophs [3].

251

252 **Neutral processes:** A combination of processes that can be specifically stochastic at the population level.
253 These processes include stochastic rates of birth and death, dispersal and the introduction of
254 evolutionary novelty via mutation and speciation. The Unified Neutral Theory of Biodiversity and
255 Biogeography [2] assumes that these processes are similar among species within a trophic level at a first
256 approximation.

257

258 **Niche processes:** A combination of processes where species differences determine ecological outcomes.
259 For example, prey differences in anti-predator behaviour can determine predation pressure, or
260 differences in species tolerances can determine community composition along a gradient of salinity.

261

262 **Size spectra:** Relationship between organism body size and abundance, which commonly encompasses
263 multiple trophic levels. The relationship is depicted by plotting (on double logarithmic scales) the number
264 of individuals within body size (or mass) classes against the mid-point of the size class. The negative slope
265 of the size spectrum summarises energy allocation and transfer through the food web, for which a rich
266 body of theory exists (e.g. [3, 6]).